



Concordia Foundation



CJNU is pleased to once again welcome Concordia Foundation for the month of March 2019. We learned much last year from the good folks who visited our remote studio. From their rich history of 90 years to the hustle and bustle of present day. Although the hospital itself is undergoing some changes, as are many in the province, the foundation and all the facilities under their very large umbrella are all going strong. Besides the hospital there is Concordia Place, Concordia Village and the Hip & Knee centre. We look forward to hear-

ing what exciting new things they have on tap for this coming year.

The Hip and Knee Centre is a very interesting place. Last year they had to cancel their "Operation Walk" to Nicaragua because of the unstableness of the country. As things are now cooling down they hope to get there in 2019 and do their fabulous work.

I recently read about "The Knee Club". This is group of individuals who have had a total knee replacement and are in different stages in their rehabilitation. They get together to cheer each other on. What a great idea.

It is easy to complain about our health care system but chat with our neighbours to the south and you'll quickly understand just how lucky we are.

Our broadcasting for the month of March will be from the Richardson Concourse studio where we look forward to speaking in more detail with the folks from Concordia.

Stop in for a visit if you are in the neighborhood! We do enjoy playing the music you love. 🎵

~ Helen Harper

Richardson Concourse

We are located at the Richardson Centre studio. Parking is at a premium and can be expensive. The Richardson lot is often full, best alternative is Winnipeg Square, or for those who prefer a walk, the library has plenty of space.

Coffee lovers will enjoy Tim's at the escalators or Nathan Detroit's, who have coffee and snacks, with a much shorter line. Our new studio does not have a sink or coffee service.

If you take the bus easiest entrance is through the concourse under Portage and Main. Ground level drop off is best at the Fairmont hotel, with escalators to take you down to the concourse near CJNU's new studio.

Our arrangements for April have CJNU partner with the Children's Hospital Foundation. Our location will be a familiar site at Grant Park. 🎵



CJNU Ambassador Program

Would you like to be a CJNU Ambassador (and be rewarded for doing it)?

CJNU has many loyal listeners through out Winnipeg. The Ambassador Program is designed to identify the businesses and organizations that might benefit from advertising on CJNU.

CJNU is asking you to reach out to your contacts in the community to determine if they would like to promote their goods or services on CJNU.

Inform them that CJNU offers:

- Affordable advertising rates
- A Niche Demographic
- No back to back commercials

- A unique blend of nostalgic music (30s-70s) and community messaging
- Local, community driven programming.

If your contact is receptive, provide Chris Stevens, whose role is CJNU's Community Engagement and Partnership Development at cstevens1@live.ca with the name and the address of the Company, the contact person's name and phone number(s).

If CJNU secures an arrangement, then you, as The Ambassador, will be eligible for 5% of the value of the Broadcast Order up to a maximum of \$100 in an assortment of exciting gift cards. 🎵

McNally Robinson Featured Artist of the Month—Joni Mitchell

McNally Robinson Booksellers and Universal Music Canada have chosen Canada's Joni Mitchell as the Artist of the Month for March. Joni turned 75 in November, 2018 and a video of her 75th Birthday Concert was just recently released in movie theatres.

For more information on Joni Mitchell, here is the link to her Wikipedia entry en.wikipedia.org/wiki/Joni_Mitchell and here is a link to her official website, jonimitchell.com.

A few examples of tags are:

- ∞ CJNU is pleased to present the McNally Robinson/Universal Music Canada featured Artist of the Month, Joni Mitchell.
- ∞ McNally Robinson Booksellers store at Grant Park has chosen Joni Mitchell as the CJNU featured Artist of the Month for March.
- ∞ Each month McNally Robinson, Universal Music Canada and CJNU collaborate to select an Artist of the Month: this month's artist is Canada's Joni Mitchell.
- ∞ Our next selection is by our McNally Robinson Artist of the Month, Joni Mitchell.
- ∞ I have selected Joni Mitchell's song, *Both Sides Now*, from her 1969 album, *Clouds*, as my McNally Robinson/Universal Music Canada Artist of the Month selection for today.

Excel and PDF listings of Joni Mitchell's music will be available for the month of March. The folder includes several Joni Mitchell songs performed by other artists. The folder was installed on the Operator PCs at the Remote Studio on Monday, February 18th and will be installed at The Concourse on Monday, February 25th.

Tentative upcoming artists are: Aretha Franklin for April and Nat King Cole for May.



CJNU Personality Corner

Larry has been performing in public since he was 9 years-old. It is all he has ever known. As a boy he sang and played to audiences all over southern Ontario as part of a family singing ensemble.

Larry leapt through high school, finished theological training and was an ordained minister by the age of 21. His radio career began as a means to supplement his income at a small parish but it quickly became his full time career. By the early '80s he was becoming well known in rock radio in Winnipeg as part of the legendary *Tom and Larry Show*.

In 1995, Larry went to news-talk station 680 CJOB where he helped create an evening talk show, hosted the drive home show and finally moved to *The CJOB Morning Show* where he remained for nine years. In the autumn of 2009 Larry was inducted into the Manitoba Broadcaster's Hall of Fame.

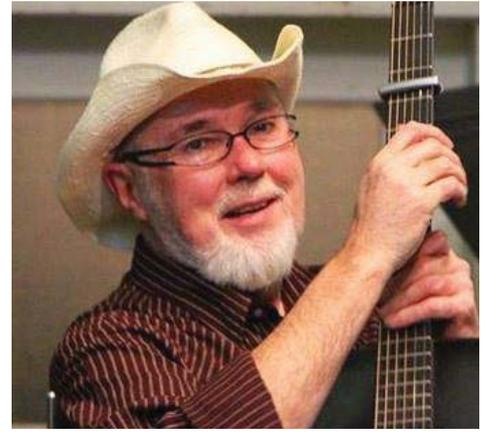
While continuing to build on his profession, Larry went back to school and finished a B.Th. (Theology) at the University of Winnipeg in 1986. Subsequently he proceeded to undertake and complete a second degree,

a B.A. (Philosophy) in 1995. Larry won the university's "Plato Prize" during his later course of studies and in 2010 was given the honour of Distinguished Alumni.

Larry has been an advocate for the less fortunate during his career. He was awarded the Queen Elizabeth II Jubilee Medal for his work with the War Amps and has been an advocate for individuals with autism ever since his son Gordon's diagnosis in 1994. From September 2009 until August 2010 Larry worked as a spokesperson for Siloam Mission, advocating on behalf of those experiencing poverty and homelessness.

Retirement saw Larry come full circle, playing and singing once again. Teaming with professional musician, promoter and manager Eric Boorman, he formed The B-Side Apostles. The duo performs around 140 shows a year to audiences age 50-plus. Their blend of familiar traditional music with a country flavour has won them recognition as one of the busiest bands in southern Manitoba.

A few years ago, a morning coffee with



Larry Updike

CJNU President Tom Dercola and a breakfast with (then) General Manager Bill Stewart resulted in Larry going back to radio, this time as a volunteer host of the *CJNU Monday Morning Show*, along with producer Paul Richl. Unlike the heavily formatted shows he did in the past, he enjoys the opportunity to choose his own music and to reconnect with an audience that has grown older with him.

"I have been behind a microphone for most of my life" Larry laughs, "so they better bury me with one!" 🎵

The B-Side Apostles



People frequently ask why we chose such an unusual name for our group. To understand that, we have to go back to the beginning.

Sometime in 2008, a friend who lived down the street learned that before radio, I had grown up as a singer. His name is Rev. Dr. Greg Glatz. Back then, Greg was dividing his time between doing graduate work and pastoring a small Winnipeg church. But he was also a wicked guitar player.

He started coming by my house one night

per week with one of his many electric guitars and we would jam to some harder-edged "outlaw" country music. As a result of those sessions, we decided to play publicly. But we needed a name for our unconventional act.

Greg knew that one of my all-time favourite movies was the 1989 film "The Apostle" starring the legendary Robert Duvall. (As a matter of fact, "Apostle" was his nickname for me.) Since our songs were old enough that they would be somewhat unfamiliar to our audiences, we more or less thought of them

as "B" sides. This, despite the fact the tunes been hits back in the day for people like Johnny Cash, Merle Haggard or Johnny Paycheck.

Now settled on a name, The B-Side Apostles, we went looking for gigs. From what others told us, we had a pretty good sound. My singing voice was still there, my rhythm guitar playing abilities returned, and Greg's guitar solos were stellar.

But we weren't very busy.

Neither of us were very good at making phone calls to venues to book a spot to play. In our private lives, we were introverts. And I wanted to do concerts, not be part of some open mic roster.

On one of our practice nights, Greg brought another friend, Eric Boorman, over to my house. Unbeknownst to me, Eric was a world class drummer who had toured with bands all over North America and Australia. He was looking for a little diversion and sat in on the session with just a snare drum and some brushes. I noticed him smiling the whole night. Eventually Eric joined The B-Side Apostles and we became a threesome.

But we still weren't very busy.

Somewhat later, Greg left to become senior minister at Calgary's Knox United Church. It was only then that I began to learn about Eric's vast experience in the music business. I should have asked sooner. Not only was he an in-demand touring and session-playing

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B-Side Apostles...

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percussionist, he was also a promoter who had helped launch some music careers.

He sat me down and asked two questions: 1. Where do you want to go with this? 2. What kind of people appreciate our performances the most? My answers were: 1. I wanted to play more often and 2. I thought our music appealed primarily to older adults. With that, he asked if I would like him to manage the group. My reply was a resounding YES!

I had no idea what was coming. We went

from playing three gigs a month, to becoming one of the busiest bands in Winnipeg. Eric deliberately targeted seniors clubs, retirement residences, personal care homes and booked us in them. We were astonished to discover just how much people wanted to hear the music of their generation performed live. And word of us spread quickly.

We moved away from a the hard-edged "outlaw" approach to music and broadened our appeal, playing familiar hit songs from the 40s to the 70s. More than a cover act, we talked about the history of the songs in a concert setting, just like I'd dreamed of.

In 2018, we played 140 shows. And as of

this writing, we already have 110 booked so far in 2019.

Another surprise: Older-adult audiences prefer a high-energy show, so our concerts are no cakewalk. There is no relaxing through slow ballads for us. A show featuring The B-Side Apostles is a genuine physical workout for a guy in his 60s like me!

Two friends have made my life's "third act" so rewarding: Greg Glatz and Eric Boorman. I owe them such a debt. With the deepest respect to my broadcasting career, I am having the time of my life.

The icing on the cake is that I still get to "play radio" one morning a week on CJNU! 🎵

Host Sponsors in 2019

March

Concordia Hospital Foundation at Lombard Studio

Theme: We Do Winter Better

March 24: End Live Broadcast from Lombard for Concordia

March 25 & 26: Lombard for Winnipeg Foundation

March 27: Begin live broadcast from Grant Park for Children's Hospital Foundation

April

Children's Hospital Foundation at Grant Park

Theme: The Promise of Spring

April 21: End live broadcast from Grant Park

April 22–April 28: Live Broadcast for Will Week with the Winnipeg Foundation

April 29: Move studio

April 29 & 30: Winnipeg Foundation at Lombard

May

TBA

Theme: The Promise of Spring

May 1: Begin live broadcast

May 25: End Live Broadcast

May 26: Special Broadcast for Teddy Bear's Picnic

May 27: Move studio to TBA

May 29: Begin live Broadcast for Joys of Summer

June

TBA

Theme: The Joys of Summer

July

TBA

Theme: The Joys of Summer

August

TBA

Theme: The Joys of Summer

August 25: End live broadcast for Joys of Summer

August 30: Begin Live broadcast

September

TBA

Theme: The Colours of Fall

September 24: End live broadcast

September 25 & 26: Winnipeg Foundation at Lombard Studio

September 25: Studio move date

September 28: Begin live broadcast

October

TBA

Theme: The Colours of Fall

October 23: End live broadcast

October 24: Begin Pledge Week end live broadcast

October 27: End Pledge week end live broadcast

October 28 & 29: Winnipeg Foundation at Lombard

October 30: Begin live broadcast

November

TBA

Theme: CJNU Remembers

December

TBA

Theme: The Season of Giving... Back

Host Sponsorship, as an Operating Model

From time to time everyone associated with CJNU asks why we move so often. The answer is buried in the history of CJNU, or rather CKVN. Bruce Down designed the Host Sponsor system, essentially as a response to the need for the station to find space to work from, and to offer our presence on site as a boost to the feature sponsor for the month.

In a broad sense for the last 3.5 years we have sought a partner that was of sufficient size and sophistication to sustain developing the messaging and providing the guests that a host sponsorship offers. Hospital Foundations, major charitable foundations such as the Winnipeg Foundation and those in the tourist industry have been wonderful partners.

CJNU charges each host sponsor for our presence and their messaging on air twice per hour. We have been very fortunate to have a constant stream of agencies and foundations that enjoy our presence. 🎵

Concordia Hip and Knee Joint Replacement

Please take a moment to thank your hips and knees for all the hard work they do for you day after day. Without them, you'd be unable to walk, run, kneel, bend over, play with a child or grandchild... Just imagine your life without them.

It's safe to say that you, or someone you know, has already felt what it's like when hips and knees stop working properly. You suffer from stiffness, immobility, and debilitating pain. You become isolated from your loved ones, from your independence, from your work, from a life of movement and joy.

We are focusing our fundraising efforts about a way forward—a way to help thousands of hip and knee sufferers through the pain they experience and to step forward with their lives.

Last fall, we launched Stepping Forward, the Concordia Hip and Knee Institute Joint Replacement Research Campaign and we are continuing this effort into 2019.

This campaign is an opportunity for us all to ensure that both the Concordia Hip and Knee Institute and Concordia Hospital remain a step ahead in helping thousands of people regain freedom and mobility—and

say goodbye to debilitating pain—each year.

These funds will enhance our ability to deliver world-class treatment, research and education today and into the future. As you'll see in the enclosed information, we are enhancing lives right now—but the number of people who need us continues to increase.

By stepping forward with a donation to our campaign, you'll make possible new and innovative surgical techniques, hip and knee joint replacement technology, research programs, and advanced surgical training. Each of these work in lockstep to improve the quality of care of patients who come to us for hip and knee replacements.

With your support, our potential is limitless. Research provides working knowledge that translates into practical results for our patients.

Implant Retrieval Analysis Program (IRAP)

When an implant fails, we need to understand why. Was it faulty design, surgical technique, wear and tear, or something else? By examining previous implants that have been

removed from the body after use, we develop better implants for the future and avoid mistakes of the past.

Over the past 15 years, our Implant Retrieval Analysis Program has collected more than 3,500 implants at our implant retrieval lab—only one of two in Canada. We've published a dozen research studies involving implants, helping surgeons in Winnipeg and around the world.

Advanced Training

Our training programs give us a unique opportunity to teach the findings of our latest research to the medical community. Our surgeons provide advanced, specialized training in hip and knee surgical techniques to residents, fellows and practicing surgeons specializing in arthroplasty who will go on to practice all across Canada.

Improving Outcomes

We are home to a confidential registry of local hip and knee surgeons that tracks the outcomes of the surgeries they perform. Since 2005, this registry has helped us reduce failure rates by 50%. 🎵

Calendar of Events:

DATE	EVENT	LOCATION
Feb- March 21	CJNU Promotion Period: We Do Winters Better	Various locations
Feb 23-March 3	Potahto Week: Local restaurants celebrate the Potahto	PTE
Feb 27-Mar 17	Prairie Theatre Exchange: Mom's The Word: Nest 1/2 Empty	CJNU Studio
Feb 27	Goldeyes & CJNU Inside Pitch 7-9 pm	The Met
Feb 28	Winnipeg Foundation: Fast Pitch 7 pm	The Burt
Mar 7	Tre Twitty and Tyler Lynn 7 pm	Club Regent
Mar 8	Yesterday Once More: Carpenters, Fifth Dimension, Mamas and Papas 7 pm	St. Andrews' River Heights United Church
Mar 8 and 9	Fabulous Fifties Show Friday 7:30 pm; Saturday 1:30 & 7:30 pm	Asper Theatre Centre
Mar 9	Sarasvati: International Women's Week Cabaret of Monologues 4 & 8 pm	Bell MTS
Mar 9	Manitoba Moose: Autism Awareness Day 6 pm	Park Theatre
Mar 9 & 10	Camerata Nova Mar 9-7:30 pm & Sunday, Mar 10-3:00 pm	
March 10	Daylight Savings Time Begins	
March 10	Legendary Ladies of Country 7:30 pm	The Burt
Mar 13	CNIB: Jim Gauthier Insight Gala	RBC Convention Centre
Mar 14	St. James Assiniboia 55+ Centre: Bud, Spud and Chicken	TYC Event Centre
Mar 14	Age and Opportunity: Ageism: An Awareness Event 5-7 pm	CMHR
Mar 14	CJNU Dance: Wearing o' The Green 7 pm	ANAVETS 283
Mar 16	Main Street Project Gala: Bringin It In from the Streets	Fairmont Hotel
Mar 16	MCO: a Tour de Force Concert 7:30 pm	Westminster United Church
Mar 19	Ninth Annual National Mental Health Conference	Canad Inns Polo Park
Mar 20-22	Prairie Theatre Exchange: Pairings (Local Food and Wine) 7 pm	Prairie Theatre Exchange
Mar 20	WSO/Rainbow Stage: Guys and Dolls Mar 22 and 23 8 pm, Mar 24 2 pm	Centennial Concert Hall
Mar 22-24	Goldeyes & CJNU Inside Pitch 7-9 pm	CJNU Studio
Mar 27	CJNU Promotion Period: The Promise of Spring	

Aubrey Tadman

Back in the late 1950s Aubrey Tadman was a fixture on the local jazz scene performing with the city's finest musicians before becoming one of television's most in-demand comedy writers in Hollywood.

Born and raised on Aikens Street and St. John's Avenue in the North End, Aubrey lived with his grandmother from age eleven after his father, a barber, moved the family to Chicago. Aubrey chose instead to return to Winnipeg. "I lived two blocks away from Oscar's Delicatessen. I had corned beef sandwiches from there three or four times a week." Attending Machray School he never considered a music career until his early teens. "My dad sang at my bar mitzvah and I couldn't believe how good a singer he was. That's when I got serious about music."

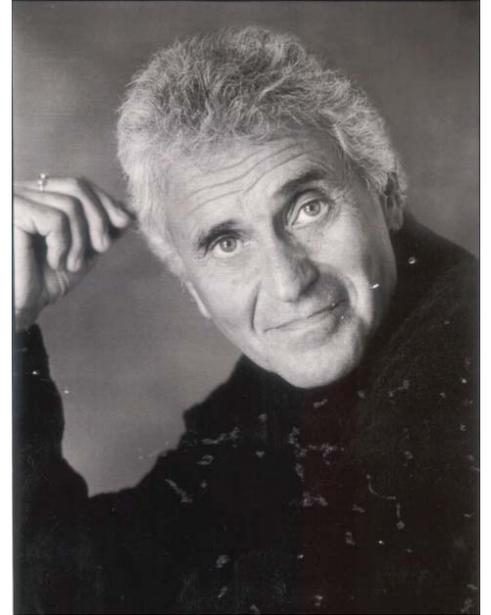
By age 15 Aubrey was appearing in local jazz clubs. "In those days you could sing in the clubs at that age because there were no liquor licences. They were bottle clubs where you brought your own booze in a paper bag." Over the next decade Aubrey performed at the Roseland Ballroom, Club Morocco, The Towers, Highwayman, Rancho Don Carlo's and Jack's Place out on Pembina Highway. "My favourite gigs were working with Marsh Phimister and Monty Levine at Jack's. We worked together for a couple of years." He also worked clubs in Toronto and

Montreal as well as throughout the US.

In the mid '60s former Winnipegger Allan Blye convinced Aubrey to get into television writing, and after working at CBC in Winnipeg, Aubrey moved to Toronto where he wrote for *Tonight In Person* hosted by Al Hamel, Wayne & Shuster ("They would argue constantly but they loved each other"), Lorne Michaels and Hart Pomerantz, and Music Machine before helping create *The King of Kensington* with another ex-Winnipegger, Perry Rosemond. "That was my North End life on that show," he confirms. "Selkirk Avenue was Kensington for us." He also composed the theme song.

He was invited to come to Hollywood to write *The Donny & Marie Show* featuring the two Osmond siblings. The success of that show led to an impressive list of credits including *Rhoda*, *Welcome Back Kotter*, *Private Benjamin*, *Momma's Family*, *Three's Company*, *Sha Na Na*, *Van Dyke and Company*, *The Mary Tyler Moore Variety Show*, *Silver Spoons*, *Three's Company*, and *The Jackson Family at Disneyland* special. He was nominated for five Emmys and won for Shari Lewis's *Lampchop's Play-Along*. Aubrey's early experience served him well.

"When you're a writer in Canada you learn everything: cameras and camera angles, production, lighting, all the technical



side. That's why Canadian writers are so in demand in the US because they know how to put a production together."

In 2001, Aubrey released a jazz CD, *Stay With Me* and appeared five consecutive years at the Vancouver Jazz Festival. He last performed in Winnipeg in 2001 at Dubrovniks Restaurant.

Residing in California for some 40 years, Aubrey still cherishes his roots. "My licence plate reads 'WPGKID'. It's still my city and I still feel it's my home." 🎵

CJNU's Artist of the Month for March

Roberta Joan Anderson was born in 1943, in Fort McLeod, Alberta. At age 9 she contracted polio and during her convalescence she began to sing to the patients. By 11 the family moved to Saskatoon which she considers her home town. This Canadian song bird has so many awards and hit songs I don't have the space for it all, but I can say *Chelsea Morning*, *Both Sides Now*, and *The Circle Game* are among my "must take to the desert island" tunes.

She is folk, pop, rock and jazz all rolled into one. Her song writing often reflects social and environmental issues, her joys and confusion about romance.

She left her Saskatchewan home and headed for Toronto where she busked street corners and played coffee houses. She found herself pregnant, giving birth to a daughter in 1965 who she gave up for adoption as she was ill equipped to raise her. They later reconnected in 1997. Here she met and married Chuck Mitchell. Although the marriage only lasted a couple of years the last name stuck and she entered the USA with him,

starting on her musical journey. She became a protégé of sorts with David Crosby and with his connections she played alongside Crosby, Stills and Nash, Neil Young, James Taylor and many more.

Despite her prominence in the 60's and 70's she was prevented from performing at Woodstock as her manager thought it was more important to appear on the Dick Cavett Show.

Joni has designed most of her own album covers, describing herself as a painter derailed by circumstance.

In 1982 she married Larry Klein and continued to tour around the globe with her poetry set to music. This union lasted a dozen years.

Several artist have had success covering a Mitchell song. My favorite one is the Judy Collins recording of *Both Sides Now*.

Having declared herself "one of the world's last great smokers" her voice has had its challenges. She has also suffered a brain aneurysm in 2015 which needed a lot of physical therapy to recover from.



Joni Mitchell

Although she no longer gives concerts or performs, she does speak out on environmental issues from time to time and spends her time between her LA home and her retreat in Sechelt, BC.

We invite you all to stay tuned to CJNU Nostalgia Radio 93.7FM for the month of March and enjoy some Joni Mitchell classics. 🎵

~ Helen Harper

Calling All Knitters!



In partnership with Canadian Virtual Hospice, Palliative Manitoba is looking for volunteers to knit Warm Memories Scarves for children and teens attending the KidsGrieve2 and TeensGrieve2 programs as well as Camp Bridges and Camp Stepping Stone. Giving a grieving child a Warm Memories Scarf is a compassionate way to recognize their grief and let them know people care. We're looking to have 200 scarves by May so as you bundle up, or hunker down, this winter, please consider this meaningful project.

Visit PalliativeManitoba.ca for more information.

The pattern can be found on Ravelry.com at the following link: www.ravelry.com/patterns/library/warm-memories-scarf?set

Scarves can be dropped off at:
Palliative Manitoba
Inside Deer Lodge Centre
2109 Portage Avenue
Winnipeg MB
Monday-Friday 8:30am-4:00pm

For more information, call (204) 889-8525 or email info@palliativemanitoba.ca 🎵

CJNU Needs Your Retro Radios!

Do you have something like this in your basement? CJNU needs YOU!

You know we love all things nostalgic, and every month we post a photo of a retro radio here on our Facebook page. We'd like to take that idea further with a rotating display in our new office in the Richardson Concourse!

If you have a classic radio that you would consider either donating or loaning to CJNU, we would be thrilled to put it on display for the world to see!

The maximum dimensions of the radio are 36" wide, by 12.5" tall, by 16.5" deep, in order to fit into our display case.

Ideally we would love to have 12 radios—so that we can feature one at the front of our space through each month of the year, and have the others located throughout our space! Your radio would be displayed with a tent card with a little bit of information about how you came to own it, and any other information you'd like us to share. We would also post a photo here on Facebook each month.

CJNU is YOUR radio station, and we'd be so excited if we could share some of your amazing radios with the community! 🎵





Fund Raising Dance

Wearing o' the Green!

St. Patrick's Day Weekend Dance

Saturday,
March 16th, 2019
7:00pm - 11:00pm

ANAVETS 283
3584 Portage Avenue
Plenty of FREE parking

Tickets:

\$20.00 ea.

Purchase Tickets
online at cjnu.ca or
Call 204.942.2568



Join us on this St. Patrick's Day Weekend for fun, dancing and prizes!



Wear 'Green' and be entered to win prizes!

"Restaurant Surprise Auction"

Social Lunch served.

Trish & Rick

Saturday Morning Potpourri

Your DJ's & Hosts!



NOSTALGIA BROADCASTING COOPERATIVE INC.

ON THE AIR | ON THE WEB | ON BELL/MTS TV
93.7 FM | CJNU.CA | CHANNEL 725

COMMUNITY NON-PROFIT RADIO

L7 - One Lombard Place
Winnipeg, MB R3B 0X3
Phone: 204.942.CJNU (2568)
E-mail: info@cjnu.ca

Around Our CJNU Community

CJNU radio works closely with community groups to provide public service announcements (PSAs) throughout the broadcast day. In May we helped promote numerous events at non-

profit and charitable organizations, in addition to providing personal CJNU representation time permitting. Here's just a sample of these activities. 🎵



Manitoba Riding for the Disabled Association: 20th Annual Super Flea Market (February 2)



St. Norbert Community Centre: St Norbert Heritage Day (February 2)



Shriners: Johnny Cash Fundraiser (February 9)

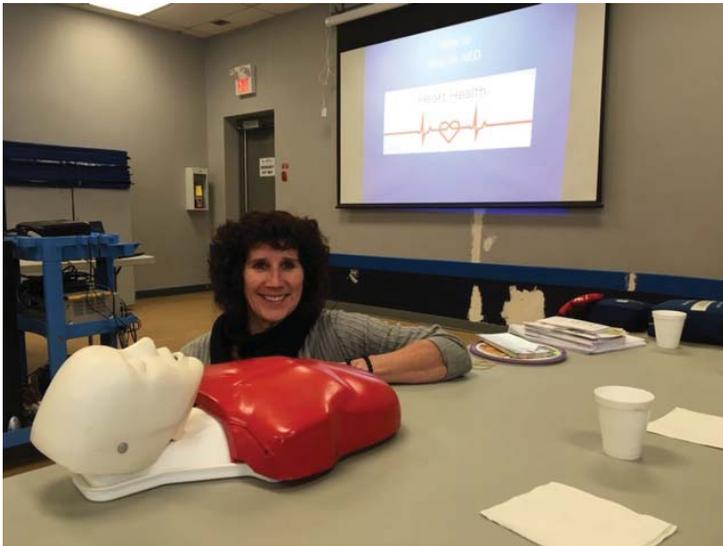


Stroke Recovery Association: Valentines Tea (February 9)

Around Our CJNU Community



*Crescent Fort Rouge United Church: Ecco Singers Concert (February 25)
Photo by Corey Glowacki*



Corydon Community Centre: Patti Berube discusses AED Use and Heart Health (February 20)



Deer Lodge: CJNU Fans (February 9)



Reh-Fit Centre: Heart Health for Her (February 11)



Wellness Series:
The Secret Lives of Victorian Women (And Their Fragile Hearts)



**Wednesday
February 13**
11:30 am - 12:30 pm
Kroft Boardroom

Presenter:
Ines Bonacossa
Rady JCC Member and Volunteer
Tour Guide at Dolnavert Museum

Learn about ideas and prejudices people had about women's bodies

**FREE for Members | \$5 NM - Pre-register at:
radyjcc.com | 204-477-7510 | 123 Doncaster St.**

Rady JCC: Secret Lives of Victorian women (February 13)

Around Our CJNU Community



Crescent Fort Rouge United Church: Alleluia Singers (February 10)



The Forever Young Club Monthly Dance (February 23)



Corydon/River Heights Community Center: Wednesday for Seniors Health and Wellness—Book Club (February 13)



RBC Convention Centre: WCCW Luncheon (February 21)

The Women's Canadian Club of Winnipeg luncheon was held at the RBC Convention Centre February 21st with over 50 members and guests listening to a very inspiring presentation by Tessa Blaikie Whitecloud. She is Executive Director of 1JustCity a non for profit with 4 member charities. Tessa seeks to build bridges with all communities and bring understanding that relationships need development, everyone counts, and to put love into the lives of the unfortunate. Everyone needs "Just a Warm Sleep".



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Around Our CJNU Community



Deer Lodge: Doris and granddaughters visiting the CJNU studio (February 17)



Reh-Fit Centre: Frank Stecky broadcasting live from the treadmill



Deer Lodge: Families visiting the CJNU studio (February 7)



Hosts Alex Regiec and John Panting, of the Retro Recroom. The new Saturday night 6 to 9 show.

Trivia

Match the artists to the Number One Seventies Songs

by Tom Dercola

1. Daryl Hall and John Oates 1977 _____
2. Pink Floyd 1980 _____
3. LaBelle 1975 _____
4. Bee Gees 1979 _____
5. Bee Gees 1978 _____
6. The Four Seasons 1976 _____
7. John Denver 1974 _____
8. The O'Jays 1973 _____
9. America 1972 _____
10. Janis Joplin 1971 _____

- A. Sunshine on My Shoulders B. Tragedy C. Love Train
 D. Me and Bobby McGee E. Another Brick in the Wall, Part II
 F. A Horse with No Name G. Rich Girl H. Night Fever
 I. December, 1963 (Oh, What a Night) J. Lady Marmalade

1. G 2. E 3. J 4. B 5. H 6. I 7. A 8. C 9. F 10. D

Answers CJNU Music Trivia

