



Big Changes at Winnipeg Harvest

In its 35th year of operation, Winnipeg Harvest merged with the *Manitoba Association of Food Banks* and changed its name to *Harvest Manitoba*. Now *Harvest Manitoba's Food Network* has grown to include 350 food banks and agencies that put *Harvest Hampers* in the hands of hungry Manitobans in every corner of the province.

Harvest's main office in Winnipeg still houses its provincial Food Support Assistance Line, Warehouse Distribution and Training Centre.

Necessity Nurtures Change

- Harvest now feeds 85,000 hungry Manitobans every month.
- 43% of those receiving food are children.
- Volunteers provide almost 200,000 hours annually to sort and pack the same number of Harvest Hampers.
- Community food drives and partners donate 11,000,000 pounds annually.

Harvest Stars

Even before the pandemic, the 35th Anniversary was the impetus for ushering in a lot of



new initiatives. Some were mechanical such as improved cold storage in the warehouse, but one of the evolutionary changes was to nurture Manitoba's identity as a *Harvest Community*. CEO Keren Taylor-Hughes talks about how Harvest is part of who we are.

"Over the past 35 years, *Harvest* has become central to how Manitobans see ourselves, express our values. We're *Friendly Manitoba*, but we're more than a smile. We're everyone pitching in to collect 11 million pounds of food every year. We're donors of

food, fund and time to ensure no one goes hungry—not hardworking families, kids, adults or seniors. We're *Caring Manitoba*. We're *Community Manitoba*.

Harvest is an expression of what we have in our hearts. Feeding hungry neighbours is the right thing to do. And *WE* do it. That has made us a community of *Harvest Stars*. Thank you. You shine brightly. We are grateful and lucky to live in such a community."

You can learn more (and give a little) by going to the new website at harvestmanitoba.ca 🍌



With a Song in My Heart

I've heard it said that there are no new ideas... so for this festive missive, I thought I'd take inspiration from those far more talented than I—great singers and songwriters of yesteryear. So, as you parse the following prose, see if you can figure out how many song titles I've managed to shoe-horn in. The first person to send an email to info@cjnu.ca with the correct answer, along with their name and mailing address, might just have a little Christmas cheer coming their way, courtesy of CJNU...

I find that as time goes by it's a joy to watch the seasons turn, turn, turn. This year, like every year, began with us singing a song for a winter's night and saying to ourselves it might as well be spring. Then as the snow melted, a little sprinkling of early morning rain created some moody Manitoba mornings. Soon enough we found ourselves enjoying those lazy, crazy, hazy days of summer. But one of us must have blinked, because we suddenly found ourselves wondering where have all the flowers gone? The trees turned brown and started to drop their autumn leaves... and it's a hazy shade of winter once again.

In spite of everything, I firmly believe it was a very good year in 2020. Here at CJNU, our incredible team of volunteers—every one of them with a heart of gold—has kept the station on the air through unprecedented times. We have continued to support incredible organisations across our community, accentuate the positive and bring you music, music, music! We get to play the tunes that make us feel like it's yesterday once more. The tunes that give us a happy heart. Radio can be a great escape from the world—and in these particularly strange days, it's especially good for us to dream.

We were truly overwhelmed by the incredible response to our *Seventh Annual Pledge Drive*. It almost seemed like it was raining pennies from heaven! This year more than ever, I can say without a doubt that the only reason we're still here is because of you, and your amazing support. *Thank you!*

And now, as we turn the pages of our diaries to December, baby, it's cold outside. But this is Winnipeg—we can't say we didn't know it was coming! I got my winter tires put on last week, so heck, let it snow! But wait... what's that sound... Do you hear what I hear? Could that be the sound of silver bells? Perhaps Santa Claus is coming to town?

Christmas might feel a bit different this year, particularly if we aren't able to come together physically with the ones we love.



But yet here we all are—together, apart. Side by side, come rain or come shine, we stand tall. Much like the rest of our experiences in 2020, the holidays will be what we make of them—and I reckon it's still the most wonderful time of the year.

As Christmas comes and goes, the New Year follows shortly thereafter—so as we wave so long farewell to a strange year, it looks like we made it. I think I'm still

standing! Navigating the realities of living through a pandemic has truly been a long and winding road—and it's one that we're travelling on—but I think I see the light.

Always look on the bright side of life and try to remember—the best is yet to come. From my family to yours, I wish you a peaceful and restful Christmas, and a hopeful New Year. 🙏

~ Adam Glynn, CJNU Station Manager

A Christmas Day for the Music in Your Heart!

CJNU 93.7FM Christmas Day Daytime Music Schedule

Christmas is just days away and we're ready for some fabulous Christmas Day Programming again this year.

For twelve straight hours, 8:00am to 8:00pm, some of your favorite CJNU 93.7FM personalities will be presenting a wide range of Classic and newer remakes of your treasured Christmas songs. From 8:00pm to Midnight we'll be providing some great *Community Christmas Programming*, special late night eclectic style Christmasing while showcasing a few more of our amazing volunteers.

Our twelve-hour programming starts with Trish Bennett and Rick Roschuk *Live* from the CJNU Main Studio from 8:00am to 1:00pm with *Christmas Day Potpourri*. Of course they'll have your *Nostalgic Christmas Favourites* mixed in with the magical words of legendary Christmas storyteller Gipp Forester. We have some reminiscing and talking

about the past year with some of the highlights in the middle of it all.

From 1:00pm to 5:00pm we have four gentlemen; Jim Pappas, Jim Snell, Aengus Kane and Drew Williams with *Christmas Memories & Melodies*. All four are established CJNU veteran announcers who are looking forward to sharing their Christmas music favorites and walks down Memory Lane. That's four more great hours of traditional specialty Christmas music and nostalgic Christmas memories.

Dinner time 5:00pm to 8:00pm is especially exciting as we welcome back for a 'Guest Appearance', Captain Alex Regiec with *A Very Retro Christmas*. He has this uncanny ability to find those special Christmas and seasonal tunes that many of us have forgotten. So sit back with your dinner plate and Christmas cheer in hand as Captain Alex entertains us all on Christmas Day from 5:00pm to 8:00pm.

We'll get cozy around the radio when Rick Roschuk hosts two hours of stories and songs. From 8:00pm to 9:00pm, Rick is joined by special guest Peter Nadolny for *A Christmas Carol* show with The Second Story Players of Dauphin, Manitoba. Then 9:00pm to 10:00pm is *A Gipp Forester Christmas Tribute* accompanied with Rick's selection of songs from the CJNU Christmas Collection. Wrapping up our special programming, 10:00pm to midnight, late night host Vic Gaginni will play his selection of Christmas music.

Here's hoping your Christmas is a safe and cherished moment during these tough times in our community. If you have a moment, please pick up the phone and call old friends and neighbours. A friendly, caring voice has never been needed more than now. **Take Care and Merry Christmas!** 🙌



CJNU Personality Corner



Jim Snell

I am a born and bred Winnipegger and have lived here for all but about seven months. During 1976 I had a four month summer job in Montreal after having graduated from the U of M Actuarial Science program. I then took a fall trek to Europe for three months before I started my Actuarial career at Great-West Life in early 1977. I have always loved music and grew up with my mom's big band favourites. I sang in several choirs in school and was accepted by the *Winnipeg Philharmonic Choir* in my late 20s. After a few years, children came along and music lessened in importance until I decided to prepare for retirement by learning how to play the clarinet when I was almost 50. I joined the *Westwood Community Band* and Owen Clark, a long time supporter of CJNU, was one of our conductors. He introduced me to CJNU in 2014.

I spent my first year at CJNU as a phone volunteer and then Grant Patterson trained me to be an operator and announcer. I was paired up with Jim Pappas in January, 2015 and we have been together ever since. I currently am also the operator for Herb Henson on Tuesday mornings. In mid-2015, Grant Patterson assigned me the CJNU Music Librarian role and I have enjoyed it. We have been able to grow the main library from about 16,000 tunes when I took over to over 20,000 tunes now plus a large Asper Jazz Library that Grant monitors. CJNU is the radio station Irene and I listen to when we are in the car or at home. CJNU, concert bands and Duplicate Bridge are my three main hobbies and Irene and I have been happily retired for eight years now. 🙌

CJNU Welcomes our Community Partners, During Our Annual Season of Giving... Back

CancerCare Manitoba

Donors have made two decades of progress possible at *CancerCare Manitoba*. Their investment is critical as cancer is bigger than all of us. This is the daunting reality of this disease which knows no bounds and plays no favourites. Our collective efforts are so important to advance research and treatment. Donor gen-

erosity and loyal support are truly helping find an answer to cancer. Together, with all of Manitoba, we celebrate the *Foundation's* twentieth anniversary. All funds raised by *CancerCare Manitoba Foundation* stay in our province.

We'll be highlighting some of the great work of the Foundation throughout this month on-air at CJNU. 🙌

20 years



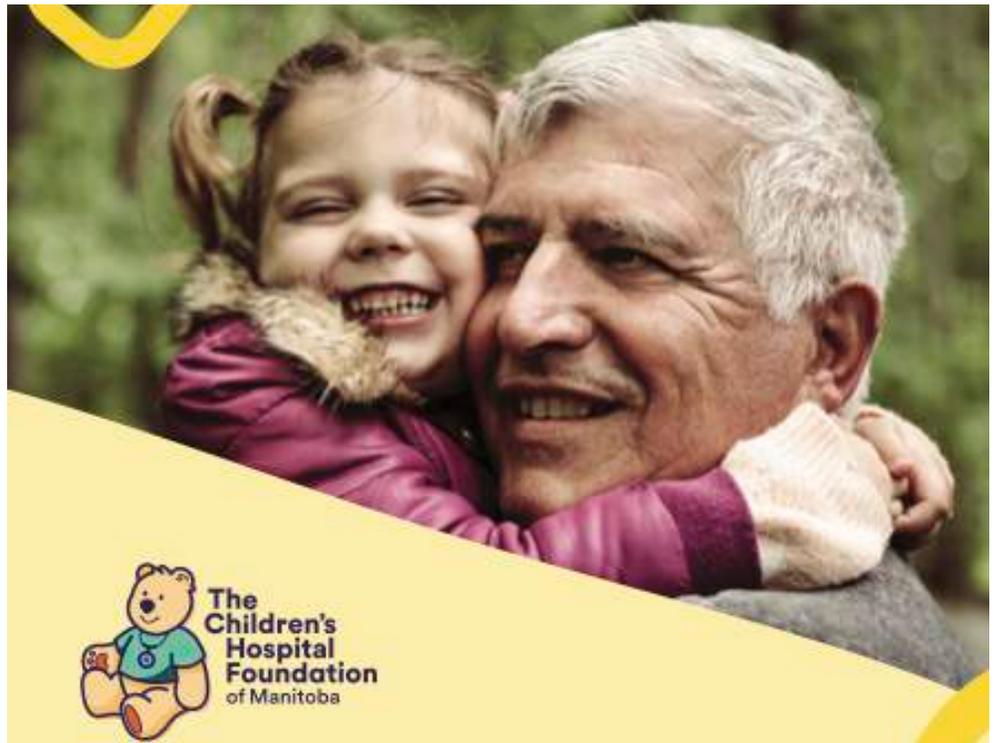
CancerCare Manitoba
FOUNDATION

All funds raised stay in Manitoba.

Children's Hospital Foundation of Manitoba

You can leave a legacy to support child health into the future. Through a planned or legacy gift to the *Children's Hospital Foundation of Manitoba*, you can support children's health and health research well past your lifetime. A gift in a will or an endowment fund can do so much to support sick and injured children while also reducing taxes within your estate or on capital gains, or you can receive an immediate tax benefit. There's an option that's just right for you and for the health of future generations. Please contact cnodrick@hsc.mb.ca or by phone at 204-894-9043 for information on Legacy Giving.

Stay tuned to CJNU throughout December as we share stories from the *Children's Hospital*—to highlight the impact the *Foundation* has on the lives of sick kids, especially through these challenging times. 🙌



Happy New Year!